

Rebecca Aponte, PhD
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EDUCATION & TRAINING

2017	Colorado State University <i>Doctor of Philosophy, Psychology</i>	Fort Collins, CO
2015	Colorado State University <i>Master of Science, Psychology</i>	Fort Collins, CO
2010	Holy Names University <i>Bachelor of Arts, Psychology</i>	Oakland, CA

PROFESSIONAL CERTIFICATION & SPECIALIZED TRAINING

2019 - 2027	SARATSO Certification: Static-99, Stable-2007, Acute-2007
2017, 2024	HCR-20v3 Foundational Training
2017, 2025	Psychopathy Checklist-Revised (PCL-R)

PROFESSIONAL EXPERIENCE

6/2019 – Present	CA Dept. of State Hospitals – Atascadero <i>Senior Psychologist, Specialist – Forensics</i>	Atascadero, CA
	<ul style="list-style-type: none">Conduct forensic evaluations on patients pursuant to PC 2962 (Mentally Disordered Offender), PC 1026 (Not Guilty by Reason of Insanity) and PC 1370 (Incompetent to Stand Trial).Testify regularly in superior court across California and Board of Parole hearings.Supervise pre-doctoral interns in forensic assessment.Teach four-month seminar in ethics for pre-doctoral interns (2019-2023).Score Static-99R for reporting to the Department of Justice as required by law.Lead grand rounds / trainings for mental health staff.	
1/2025 - Present	Aponte Forensic Psychology <i>Owner</i>	San Luis Obispo, CA
	<ul style="list-style-type: none">Per court order or at the request of prosecution or defense counsel, conduct a variety of psychological and forensic evaluations (e.g., criminal mitigation / sentencing, mental health diversion, resentencing / Franklin evaluations, Stoll evaluations, competence to stand trial, mental status at the time of offense / insanity, risk assessment / dangerousness).Testify in superior court as needed.Attorney consultation (e.g., case strategy, record review to identify salient mental health and psychosocial issues, juror voir dire/selection strategy, review of opposing/prior evaluations, education on psychological concepts and research).Provide educational seminars on various topics relevant to mental illness and the law.	

11/2019 – 1/2025	Central Coast Evaluation Services <i>Psychologist, Partner</i>	San Luis Obispo, CA
	<ul style="list-style-type: none"> Conducted psychological and forensic evaluations. Provided case consultation and recommendations. Testified in court as needed. Provided training, supervision, and consultation to contract psychologists. 	
8/2017 – 6/2019	CA Dept. of State Hospitals – Atascadero <i>Staff Psychologist</i>	Atascadero, CA
	<ul style="list-style-type: none"> Provided treatment and assessment services for patients hospitalized pursuant to PC 1370 (incompetent to stand trial). Supervised pre-doctoral interns in treatment and assessment (e.g., cognitive, psychodiagnostic, malingering, developmental evaluation) of inpatient forensic population. Led grand rounds / trainings for mental health staff. 	
8/2016 – 7/2017	CA Dept. of State Hospitals – Atascadero <i>Clinical Psychology Intern</i>	Atascadero, CA
	<ul style="list-style-type: none"> Conducted psychological assessments for newly admitted patients. Conducted diagnostic clarification assessments to assist decisions regarding treatment planning, safety planning, and discharge. Participated in didactic seminars and shadow forensic evaluations pursuant to PC 1370, PC 2962, and PC 1026. Provided individual and group therapy. 	
7/2015 – 6/2016	Neuropsychological Assessment Clinic Colorado State University <i>Graduate Assistant Director / Clinician</i>	Fort Collins, CO
	<ul style="list-style-type: none"> Conducted comprehensive neuropsychological evaluations under direct supervision of experienced neuropsychologist. 	
6/2014 – 7/2016	Psychological Services Center Colorado State University <i>Practicum Therapist</i>	Fort Collins, CO
	<ul style="list-style-type: none"> Conducted comprehensive psychological, forensic, and academic evaluations. Provided individual therapy, social skills interventions groups for adolescents with social anxiety, ADHD, and autism spectrum disorder. 	
2/2013 – 7/2015	Treatment and Evaluation Services <i>Clinical Extern</i>	Fort Collins, CO
	<ul style="list-style-type: none"> Provided individual and group therapy to child, adolescent, and adult sexual offenders. Participated in interdisciplinary team case management and treatment planning comprised of Probation, Department of Human Services, guardian ad litem, and other representatives. Conducted psychological and psychosexual evaluation and risk assessment for adults and juveniles accused or convicted of sexual offenses. 	

TEACHING EXPERIENCE

Fall 2020 –	Cuesta College	San Luis Obispo, CA
Summer 2022	<i>Instructor:</i> Introduction to Addiction Counseling; Life Management; Human Development: Life Span	
Spring 2016	Front Range Community College	Fort Collins, CO
	<i>Instructor:</i> General Psychology	
Summer 2015 & Summer 2016	Colorado State University <i>Instructor:</i> Forensic Psychology	Fort Collins, CO
Fall 2014, Spring 2015 & Summer 2015	Colorado State University <i>Instructor:</i> Counseling Skills for Addictions	Fort Collins, CO

OTHER RELATED EXPERIENCE

6/2008 – 7/2012	Psychotherapy.net	Mill Valley, CA
	<i>Operations Manager</i>	

- Oversaw production of over 100 psychotherapy educational films.
- Created educational content to accompany films, including authoring course instructor manuals, conducting editorial interviews for publication, and designing course content for APA-accredited continuing education courses.
- Managed editorial, film production, sales, and shipping staff.

PRESENTATIONS & PUBLICATIONS

Sarno, C., Shoemaker, H., Shestakofsky, B., & Aponte, R., (2015). Rationalizing judgment day: A content analysis of Harold Camping's *Open Forum* program. *Sociology of Religion*, 0:0, 1-23.

Aponte, R., & Sarno, C., (2012). Rationalizing judgment day: A content analysis of Harold Camping's *Open Forum*. Presented at the Pacific Sociology Association annual meeting in March 2012.

Aponte, R. (2013). Cognitive therapy for panic disorder. [Instructor Manual]. In Psychotherapy.net (Producer)., *Cognitive therapy for panic disorder*. [video]. Available from <http://www.psychotherapy.net/video/cognitive-therapy-panic-disorder>

Aponte, R. (2013). Emotionally focused therapy: A complete treatment. [Instructor Manual]. In Psychotherapy.net (Producer)., *Emotionally focused therapy: A complete treatment*. [video]. Available from <http://www.psychotherapy.net/video/emotionally-focused-therapy-training>

Aponte, R. (2012). John Arden on brain-based therapy. Retrieved from <http://www.psychotherapy.net/interview/neurobiology-psychotherapy-john-arden>

Aponte, R. (2012). Survival from domestic violence: Stories of hope and healing. [Instructor Manual]. In Gift from Within (Producer)., *Survival from domestic violence: Stories of hope and healing*. [video]. Available from <http://www.psychotherapy.net/video/domestic-violence>

Aponte, R. (2011). Robin Rosenberg on treating eating disorders. Retrieved from <http://www.psychotherapy.net/interview/rosenberg-eating-disorder>

Aponte, R. (2011). The roots of violence. [Instructor Manual]. In The Glendon Association (Producer)., *The roots of violence* [video]. Available from <http://www.psychotherapy.net/video/therapeutic-treatment-violence>

Aponte, R. (2011). Effective treatment of violent individuals. [Instructor Manual]. In The Glendon Association (Producer)., *Effective treatment of violent individuals* [video]. Available from <http://www.psychotherapy.net/video/therapeutic-treatment-violence>

Aponte, R. (2011). James Gilligan on the psychology and treatment of violent offenders. Retrieved from <http://www.psychotherapy.net/interview/gilligan-violence>

Aponte, R. (2011). Frank Ochberg on treating PTSD. Retrieved from <http://www.psychotherapy.net/interview/ochberg-interview>

Yalom, V., & Aponte, R. (2010). Alan Marlatt on harm reduction therapy. Retrieved from <http://www.psychotherapy.net/interview/marlatt-harm-reduction>

Aponte, R. (2010). Harry Aponte on structural family therapy. Retrieved from <http://www.psychotherapy.net/interview/harry-aponte>

Aponte, R. (2009). Augustus Napier on experiential family therapy. Retrieved from <http://www.psychotherapy.net/interview/augustus-napier>

Aponte, R. (2009). Ernest Rossi on mind-body therapy. Retrieved from <http://www.psychotherapy.net/interview/ernest-rossi>

Yalom, V., & Aponte, R. (2009). Mardi Horowitz on psychotherapy research and happiness. Retrieved from <http://www.psychotherapy.net/interview/mardi-horowitz>

Aponte, R., & Yalom, V. (2009). Jeffrey Kottler on being a therapist. Retrieved from <http://www.psychotherapy.net/interview/jeffrey-kottler>

Aponte, R., & Yalom, V. (2009). Lisa Firestone on psychotherapy with suicidal clients. Retrieved from <http://www.psychotherapy.net/interview/lisa-firestone-suicide-psychotherapy>